

Fitness Strength & Fitness Cardio (including track)

Saturday Dec 24	Sunday Dec 25	Monday Dec 26	Tuesday Dec 27	Wednesday Dec 28	Thursday Dec 29	Friday Dec 30
7:30- 11:30am	CLOSED	8:00am- 4:00pm	6:00am- 10:00pm	6:00am- 10:00pm	6:00am- 10:00pm	6:00am- 10:00pm
Saturday Dec 31	Sunday Jan 1	Monday Jan 2	Tuesday Jan 3	Wednesday Jan 4	Thursday Jan 5	Friday Jan 6
7:30am- 1:00pm	CLOSED	6:00am- 10:00pm	6:00am- 10:00pm	6:00am- 10:00pm	6:00am- 10:00pm	6:00am- 10:00pm

Group Fitness Classes

Saturday Dec 24	Sunday Dec 25	Monday Dec 26	Tuesday Dec 27	Wednesday Dec 28	Thursday Dec 29	Friday Dec 30	
Bootcamp 9:00- 9:45am <i>Filip</i>	CLOSED	Cycle 9:15- 10:00am <i>Robert</i>	Circuit* 8:15- 9:00am <i>Helen</i>	Yoga 9:00- 10:00am <i>Pat</i>	Kettlebell* 8:15-9:00am <i>Helen</i>	MetCon* 9:15- 10:00am <i>Robert</i>	
		Stretch 10:15- 11:00am <i>Anita</i>	Stretch 9:15- 10:00am <i>Anita</i>	Zumba 10:15- 11:00am <i>Karina</i>	Pilates 9:15- 10:00am <i>Anita</i>	Stretch 10:15- 11:00am <i>Anita</i>	
			Barre* 10:15- 11:00am <i>Anita</i>	Bootcamp 12:15- 12:45pm <i>Steph</i>	Cycle* 9:15- 10:00am <i>varies</i>		
				Cycle* 6:00- 6:45pm <i>Robert</i>	MetCon* 6:00- 6:45pm <i>Robert</i>	Tabata 6:00- 6:45pm <i>Donna</i>	
				Yoga 7:00-7:45pm <i>Mia</i>	Stretch 7:00-7:45pm <i>Anita</i>	Zumba 7:00-7:45pm <i>Karina</i>	
				Kettlebell* 8:00- 8:45pm <i>Helen</i>			

***Pre-booking required for this class. Book online at www.bwgleisurecentre.ca.**

Booking for the following week will be available Friday at 9:00am during the Winter Break

wristbands required



Group Fitness Classes

Saturday Dec 31	Sunday Jan 1	Monday Jan 2	Tuesday Jan 3	Wednesday Jan 4	Thursday Jan 5	Friday Jan 6	
Tabata 9:00-9:45am	CLOSED	Fit Bodies* 9:15-10:00am Steph	Circuit* 8:15-9:00am Helen	Yoga 9:00-10:00am Pat	Kettlebell* 8:15-9:00am Helen	MetCon* 9:15-10:00am Robert	
		Zumba 10:15-11:00am Karina	Stretch 9:15-10:00am Anita	Zumba 10:15-11:00am Karina	Pilates 9:15-10:00am Anita	Stretch 10:15-11:00am Anita	
			Barre* 10:15-11:00am Anita	Bootcamp 12:15-12:45pm Steph	Cycle* 9:15-10:00am varies		
			Bootcamp 6:00-6:45pm Filip	Cycle* 6:00-6:45pm Robert	MetCon* 6:00-6:45pm Robert	Tabata 6:00-6:45pm Donna	
			Bollywood 7:00-7:45pm Dolly	Yoga 7:00-7:45pm Mia	Stretch 7:00-7:45pm Anita	Zumba 7:00-7:45pm Karina	
			Yoga 8:00-8:45pm Dolly	Kettlebell* 8:00-8:45pm Helen			

***Pre-booking required for this class. Book online at www.bwgleisurecentre.ca.**

Booking for the following week will be available Friday at 9:00am during the Winter Break

	Fitness Drop-in	1 Month Membership	Annual Membership
Youth (13-16 yrs)	\$9.00	\$26.00	\$290.75
Student (17-24 yrs)	\$9.00	\$29.00	\$326.50
Adult (18-59 yrs)	\$11.00	\$41.00	\$465.25
Senior (60+yrs)	\$9.00	\$33.00	\$371.50

Fees are subject to change without notice. All monthly membership prices +HST



Date	Lane Swim (13+ years) Lap & Relax Pool 8 lanes	Parent & Tot (0-6 years) Leisure & Relax Pool	Leisure Swim All ages Lap, Leisure & Relax Pool & Waterslide	Aquafit
	Saturday December 24	POOL CLOSED		
Sunday December 25	FACILITY CLOSED			
Monday December 26	11:00am-2:00pm	9:15-10:45am	2:15-4:00pm	
Tuesday December 27	6:00-7:30am 11:35am-2:00pm 8:45-10:00pm		2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>
Wednesday December 28	11:00am-2:00pm 8:45-10:00pm	9:15-10:45am	2:15-4:00pm	7:45-8:30pm* <i>Janine</i>
Thursday December 29	6:00-7:30am 11:35am-2:00pm 8:45-10:00pm		2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>
Friday December 30	11:35am-2:00pm	9:15-10:45am	2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>
Saturday December 31	7:30-8:45am 11:45am-12:45pm		9:30-11:30am	
Sunday January 1	FACILITY CLOSED			
Monday January 2	11:00am-2:00pm 8:45-10:00pm	9:15-10:45am	2:15-4:00pm	7:45-8:30pm* <i>Penny</i>
Tuesday January 3	6:00-7:30am 11:35am-2:00pm 8:45-10:00pm		2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>
Wednesday January 4	11:00am-2:00pm 8:45-10:00pm	9:15-10:45am	2:15-4:00pm	7:45-8:30pm* <i>Janine</i>
Thursday January 5	6:00-7:30am 11:35am-2:00pm 8:45-10:00pm		2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>
Friday January 6	11:35am-2:00pm	9:15-10:45am	2:15-4:00pm 7:15-8:30pm	10:45-11:30am* <i>Donna</i>

***prebooking for Aquafit classes required**



The purpose of the **Admission Policy** is to ensure the safety of all swimmers and to provide guidelines for children under the age of 10 during leisure swims.

Wristbands are provided to all swimmers based on age and swimming ability following a facility swim test. Wristbands must be worn at all times while in the pool or on the pool deck.

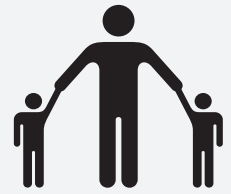
RED WRISTBANDS



AGE: 0-5 years

RATIO: A maximum of 2 children per guardian

GUARDIAN: Minimum 16 years of age. Direct supervision, in the water wearing bathing attire, within arm's reach, able to render immediate assistance, regardless of swimming ability.

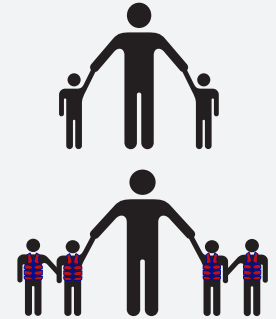


AGE: 6-9 years

ABILITY: Incomplete Swim Test

RATIO: A maximum of 2 children per parent/guardian. This ratio can increase to 4 children per parent/guardian if ALL children are wearing a PFD (Personal Flotation Device).

GUARDIAN: Minimum 14 years of age. Direct supervision, in the water wearing bathing attire, within arm's reach, able to render immediate assistance, regardless of swimming ability.



GREEN WRISTBANDS



AGE: 6-9 years

ABILITY: Passed Swim Test

Unrestricted access to all open pools. Swimming with a buddy from the same household is strongly recommended.

GUARDIAN: Minimum 14 years of age. Must remain within the pool enclosure or within view of the pool at all times.



AGE: 10+ years

Unrestricted access to all open pools. Swimming with a buddy from the same household is strongly recommended.

What is the facility swim test?

The facility swim test is administered by Town of BWG Aquatics staff and includes, but is not limited to, swimming 25m of the pool and treading water for 1 minute. Children may be asked to retake the swim test at the discretion of Aquatic Staff.

Serious Medical Conditions: Participants with serious medical conditions should be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

Bathing Attire: All swimmers must change from street clothes into clothing that is clean and used specifically for the purpose of swimming. All patrons must wear bottoms that offer full coverage. Bathing attire should not restrict bather movement in the water.

Diaper Policy: Children who are not toilet trained must wear a waterproof pant (eg. Little Swimmers® or Gabby's®) or cotton cloth diaper with plastic pants under their swim suit. Waterproof diapers can be purchased at the Customer Service desk.

Day Camp and Group Admittance Policy: Groups defined as 10 or more individuals are required to advise the Aquatic Programmer before the planned date to receive specific information regarding facility use.

Slide Policy: All riders must be 48" in height and complete the facility swim test in order to ride the water slide. PFDs are not permitted on the water slide.

Health Regulations: All patrons are required to shower before entering the pool enclosure. Please, do not wear outdoor shoes onto the pool deck.

Change Room Use Policy: Children 7 years of age or older are required to use the change room designated for their gender. If this is not suitable, the Co-ed change room is available.

Lockers: Please leave valuables at home. Lockers are available to store personal belongings. Tote bins will also be available for those who do not wish to leave their belongings in a locker.



GYMNASIUM

Winter Break Schedule

December 24, 2022-January 6, 2023

**schedule subject to change without notice.*

Saturday Dec 24	Sunday Dec 25	Monday Dec 26	Tuesday Dec 27	Wednesday Dec 28	Thursday Dec 29	Friday Dec 30
Family Sports 8:30-10:30am	CLOSED	Family Sports 9:00-11:00am	Parent & Tot 11:30am-1:30pm** (0-5 years)	Adult Pickleball 11:30am-1:30pm** (18+ years)	Parent & Tot 11:30am-1:30pm** (0-5 years)	Parent & Tot 11:30am-1:30pm** (0-5 years)
		Adult Basketball 11:30am-1:30pm (18+ years)	Children's Badminton 2:15-4:30pm** (6-15 years)	Children's Basketball 2:15-4:30pm** (6-12 years)	Children's Basketball 2:15-4:30pm** (6-12 years)	Children's Basketball 2:15-4:30pm** (6-12 years)
		Youth Basketball 2:00-3:30pm (13-19 years)	Youth Badminton 5:00-7:00pm (13-17 years)	Youth Volleyball 5:00-7:00pm (13-17 years)	Youth Basketball 5:00-7:00pm (13-19 years)	Youth Basketball 5:00-7:00pm (13-19 years)
			Adult Badminton 7:30-9:30pm (16+ years)	Adult Volleyball 7:30-9:30pm (18+ years)	Adult Pickleball 7:30-9:30pm (18+ years)	Family Sports 7:30-9:30pm
Saturday Dec 31	Sunday Jan 1	Monday Jan 2	Tuesday Jan 3	Wednesday Jan 4	Thursday Jan 5	Friday Jan 6
Parent & Tot 8:30-10:30am (0-5 years)	CLOSED	Adult Pickleball 11:30am-1:30pm** (18+ years)	Parent & Tot 11:30am-1:30pm** (0-5 years)	Adult Pickleball 11:30am-1:30pm** (18+ years)	Parent & Tot 11:30am-1:30pm** (0-5 years)	Parent & Tot 11:30am-1:30pm** (0-5 years)
Family Sports 11:00am-12:30pm		Children's Basketball 2:15-4:30pm** (6-12 years)	Children's Badminton 2:15-4:30pm** (6-15 years)	Children's Basketball 2:15-4:30pm** (6-12 years)	Children's Basketball 2:15-4:30pm** (6-12 years)	Children's Basketball 2:15-4:30pm** (6-12 years)
		Youth Basketball 5:00-7:00pm (13-17 years)	Youth Badminton 5:00-7:00pm (13-17 years)	Youth Volleyball 5:00-7:00pm (13-17 years)	Youth Basketball 5:00-7:00pm (13-19 years)	Youth Basketball 5:00-7:00pm (13-19 years)
			Adult Basketball 7:30-9:30pm (18+ years)	Adult Badminton 7:30-9:30pm (16+ years)	Adult Volleyball 7:30-9:30pm (18+ years)	Adult Pickleball 7:30-9:30pm (18+ years)

wristbands required

****half gym only**

Gymnasium Code of Conduct

The Town of Bradford West Gwillimbury's highest priority is the health and safety of our participants and employees. We ask the following be adhered to for the safety of all users.

- Respect fellow participants and the Gym Attendant on duty.
- Clean indoor shoes are required. Close toed shoes must be worn.
- Food or drink is not permitted. With the exception of water.
- The Town of Bradford West Gwillimbury is not responsible for any lost or stolen items.
- Participants are to use equipment respectfully and appropriately at all times.
- Children under the age of 10 must be supervised by an adult.
- Play safe and have fun!

Gymnasium Fees	Drop-in	10 Pass
Child (0-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (25-59 yrs)	\$4.50	\$35.75
Senior (60+yrs)	\$3.75	\$29.75

**Fees are subject to change without notice. All monthly membership prices +HST.*

Disclaimer for Family Sports

Family Sports includes a child/ youth accompanied by a parent/ guardian 18 years of age or older.

SKATING

Winter Break Schedule

December 24, 2022–January 6, 2023

**schedule subject to change without notice.*

	Public Skating	Parent & Child (0-8 yr)
Saturday December 24		
Sunday December 25	CLOSED	
Monday December 26	12:30-2:30pm	9:30-11:30am
Tuesday December 27	12:30-2:30pm	9:30-11:30am
Wednesday December 28	12:30-2:30pm	9:30-11:30am
Thursday December 29	12:30-2:30pm	9:30-11:30am
Friday December 30	12:30-2:30pm	9:30-11:30am
Saturday December 31	Family First Night FREE SKATING 6:00-8:30pm	
Sunday January 1	CLOSED	
Monday January 2	12:30-2:30pm	9:30-11:30am
Tuesday January 3	12:30-2:30pm	9:30-11:30am
Wednesday January 4	12:30-2:30pm	9:30-11:30am
Thursday January 5	12:30-2:30pm	9:30-11:30am
Friday January 6	12:30-2:30pm	9:30-11:30am



Leisure Skating Rules:

Leisure skating is provided for the enjoyment of all participants. Admittance is limited to participating skaters or skaters with parent/guardian accompaniment. All patrons who participate in the leisure skating program are to respect the following rules.

- For the safety of your children, adult accompaniment is strongly recommended.
- Skating aids, sticks, pucks, balls, chairs or strollers **are not** permitted on the ice surface.
- Participants are not allowed on the ice until the ice surfacer door is closed.
- Only persons wearing skates and/or usage of a wheelchair are permitted on the ice surface. Food or drink is not permitted on the ice.
- Everyone must skate in the same direction. Skate blades must stay at ice level. Backward skating, playing tag, or carrying of children is not permitted.
- The centre ice area is reserved for parents with small children who are learning to skate. All other skaters must stay clear of this area.
- Any general horseplay including play fighting or deliberate interference with other skaters will result in the patron being asked to leave the area immediately. When the buzzer sounds, all patrons are required to leave the ice surface immediately.
- Personal/group hockey training sessions are not permitted during recreational skating times.
- Leisure Services Staff will be available on site to enforce these rules and ensure a safe skating environment for all patrons. Leisure Services staff have the authority from the Town of Bradford West Gwillimbury to have any person(s) not abiding by these rules removed from the facility.
- Designated skate change area in effect.
- CSA approved Helmets are highly recommended, especially for children.
- CSA approved helmets are mandatory for all shinny programs

Skating Fees	Drop-in	10 Pass
Toddler (0-3 yrs)	FREE	N/A
Child (4-12 yrs)	\$3.50	\$27.75
Youth/Student (13-24 yrs)	\$3.75	\$29.75
Adult (25-59 yrs)	\$4.50	\$35.75
Adult Shinny	\$5.50	N/A
Senior (60+yrs)	\$3.75	\$29.75
<i>*Fees are subject to change without notice.</i>		

Parent/Child Skate

For children 8 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent and Tot Skate

For children 6 years of age and younger and parents/guardians. Leisure Centre Skating aids permitted.

Parent & Tot Shinny

For parents/guardians to teach their child (6 years & under) the basics of skating with a puck. Maximum of 1 adult to 3 children. CSA approved helmet and hockey gloves are required.