

Date	Lane Swim (13+ years) Lap Pool only, NO Relaxation Pool	Aquafit NO Relaxation Pool *starts Nov. 9
Monday	10:15-11:15am 11:45am-12:45pm 1:15-2:15pm 5:45-6:45pm	7:15-7:45pm* <i>Janine</i>
Tuesday	6:15-7:15am 11:45am-12:45pm 1:15-2:15pm 5:30-6:30pm 7:00-8:00pm	9:15-9:45am* 10:30-11:00am* <i>Donna</i>
Wednesday	10:15-11:15am 11:45am-12:45pm 1:15-2:15pm 5:45-6:45pm	7:15-7:45pm* <i>Penny</i>
Thursday	6:15-7:15am 11:45am-12:45pm 1:15-2:15pm 5:30-6:30pm 7:00-8:00pm	9:15-9:45am* 10:30-11:00am* <i>Donna</i>
Friday	10:15-11:15am 11:45am-12:45pm 1:15-2:15pm	
Saturday	8:45-9:45am 10:15-11:15am 11:45am-12:45pm 1:15-2:15pm	
Sunday	8:45-9:45am 10:15-11:15am 11:45am-12:45pm 1:15-2:15pm	

Lane Swim:

Open to participants 13 years and older for structured lane swimming. The Lap pool is divided into individual lanes for fitness/lane swimming. One person per lane. To accommodate as many community participants as possible we request that you only book one (1) time block per swim per day. There is no access to the relaxation pool during this registered drop-in program.

Aquafit:

Open to participants 13 years and older for an instructor led class. Aquafit uses the water as resistance to increase overall fitness. Knowing how to swim is not a prerequisite. Classes are designed to allow participants to work at their own intensity.

Included in COVID memberships. Pre-booking required. Aquafitness classes will operate at reduced capacity and controlled traffic flow to maintain physical distancing in the pool. The pool is divided into pods to ensure physical distancing is maintained at all times. Equipment is provided (pool noodles & belts) however participants are permitted to bring their own.

Please arrive wearing your swim attire under your clothing. Relaxation pool (warm pool) and steam room are not available at this time. Participants will enter Co-ed changerooms and exit gender specific changerooms. Directional flow must be flowed.

Temporary Fees

Swimming Fees	Lane Swim Drop-in	Aquafit Drop-in	1 Month Fitness Membership
Youth/Student (13-24 yrs)	\$3.00	\$5.00	\$19.00
Adult (18-59 yrs)	\$3.75	\$6.00	\$30.00
Older Adult (60+yrs)	\$3.00	\$5.00	\$24.00
Fees are subject to change without notice. All monthly membership prices +HST			

Class times and instructor subject to change

Book online at www.bwgleisurecentre.ca

All activities will only be available by pre-booking online. Registration for all pre-booked drop-in programs will open to BWG residents 2 days before the program date. Registration for all pre-booked drop-in programs will open to non-residents 1 day prior to the program date.

Participants can withdraw up to 2 hours before the activity start.

**schedule subject to change without notice.*



SWIMMING

Pool Guidelines & Safety Standards

Based on the guidance of the Lifesaving Society, provincial and SMDHU authorities as it relates to COVID-19, pool users can expect to see some changes to the pool. Outlined below are new standards to ensure safe pool use and the ongoing health and safety of swimmers and staff.

Note: These guidelines are subject to change based on ongoing advice provided by federal and provincial health officials.

Pool admission

- All pool users must complete the provincial public health self-assessment prior to arriving at the pool.
- Masks/face coverings are required upon entry, exit and when traveling throughout the facility.
- Masks must be worn while traveling on the pool deck. You may remove your mask prior to entering the pool.
- ONLINE registration is required. Please reserve a spot through the Town's registration system at www.bwgleisurecentre.ca
- Please arrive 15 minutes prior to your scheduled swim to sign in. If you are 10 or more minutes late for your time slot, you will be considered a no show and you will not be able to access the pool.
- All bathers must exit pool and deck area at the end of each swim time block.

Important information

Serious Medical Conditions: Participants with serious medical conditions should be accompanied by individuals knowledgeable of their condition and responsible for their direct supervision.

Health Regulations: All patrons are required to shower before entering the pool enclosure. Please, do not wear outdoor shoes onto the pool deck.

Bathing Attire: All swimmers must change from street clothes into clothing that is clean and used specifically for the purpose of swimming. All patrons must wear bottoms that offer full coverage. Bathing attire should not restrict bather movement in the water.

Cleaning and sanitization

- We have adjusted our cleaning practices to adhere to government guidance, making sure it is safe and effective putting the safety of our customers and employees at the forefront of what we do.
- All pool users are encouraged to practice good hygiene, including washing hands with soap, frequently sanitizing and limiting contact with common surfaces.

Physical distancing

- For the safety of all participants and staff, bather loads have been decreased. Physical distancing must be observed before, during and after swims. Directional flow must be followed.
- Participants will need to abide by the Town's directional flow in an effort to promote physical distancing of 3 metres.

Pool change rooms

- Lockers will NOT be available prior to the swim.
- Please arrive wearing your swim attire under your clothing and ready to swim.
- Public Health regulations require participants to shower prior to entering the pool deck.
- Change rooms are accessible for 10 minutes after your swim for changing only.
- Please leave valuables at home and use the tote available on the pool deck at the end of your lane for items you bring to the Centre.

Pool amenities

- Several pool amenities will be temporarily closed until further notice, including: lockers, showers upon exit, relaxation pool, water slide, steam room, pool viewing gallery, the lost and found and water fountains except water bottle refilling stations.
- Fitness members planning to use both the fitness centre and pool during their visit, must book a workout session as well as the coinciding swim or aquafitness class.
- Use of common pool equipment will be restricted.
- Only essential equipment will be provided for use on deck (PFD's and waist belts) upon request.
- You are welcome to bring your own equipment (e.g., flutter board, pull buoy).
- Goggles are recommended.
- Equipment will need to be kept with you at all times and cannot be shared with people, not in your household.