

# If you're not within arms' reach, you've gone too far.

Colour the picture



**Stay tub-side** until all the water is drained and you have removed your child from the tub.

**Drain bathtubs** when they are not in use

## Parents, you are your child's lifeguard in the bathtub.



LIFESAVING SOCIETY®

*The Lifeguarding Experts*

**Contact Us:**

400 Consumers Road, Toronto, Ontario M2J 1P8

E-mail: [experts@lifeguarding.com](mailto:experts@lifeguarding.com)

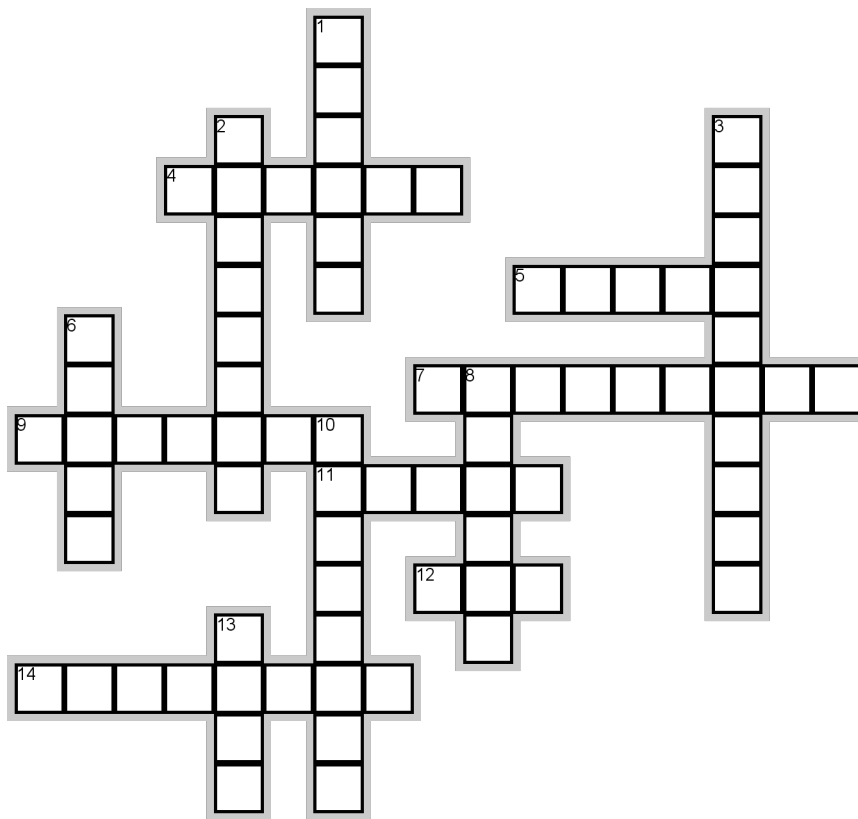
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**Children under 7 years – Within arms' reach**

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# Within Arms' Reach

Complete the crossword!



## WORD BANK

inches  
alone  
ten  
reach  
magnetic  
silent  
safety  
lifeguard  
covered  
help  
phone  
backyard  
drowning  
lifejacket

### Across

4. Keep this type of equipment around the pool in case there is someone in need.
5. Keep one of these around to call 9-1-1 in case of emergencies.
7. You should always designate one of these for your pool.
9. Keep your hot tubs \_\_\_\_\_ when not in use.
11. If you're not within arms \_\_\_\_\_, you've gone too far.
12. Drowning can take as little as \_\_\_\_ seconds.
14. Toddler's have an almost \_\_\_\_\_ attraction to water, which in addition to their natural curiosity, means that they have a high risk of drowning.

### Down

1. Drowning is a \_\_\_\_\_ killer.
2. Most toddlers drown in this type of pool.
3. Children who can't swim should wear one of these.
6. You should never leave toddlers & young children \_\_\_\_\_ when in water.
8. Drowning can occur in just \_\_\_\_\_ of water.
10. The second leading cause of preventable death for children under 10 years of age.
13. Drowning victims rarely call for this as they can't keep their head above water.



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## Children 8 years and over – Within Arms' Reach

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# Fill in the blanks with the correct word(s) from the list below.

1. If you are not \_\_\_\_\_ of your child, you've gone too far.
2. Most toddlers drown in \_\_\_\_\_.
3. Drowning is the \_\_\_\_\_ leading cause of preventable death for children under 10 years of age.
4. Toddler's natural curiosity combined with an almost \_\_\_\_\_ attraction to water means they have a high risk of drowning anytime they're near water- natural or man-made.
5. Drowning is a \_\_\_\_\_ killer.
6. Drowning victims rarely \_\_\_\_\_ or signal for \_\_\_\_\_ because they can't keep their head or arms above water.
7. Drowning can take as little as \_\_\_\_\_ seconds and will occur in just inches of water – in bathtubs, wading pools, wells, even buckets.
8. Designate a backyard pool \_\_\_\_\_.
9. Children who can't swim should wear a \_\_\_\_\_.
10. Keep hot tubs \_\_\_\_\_ when not in use.

## Select a word or phrase and insert in the blanks above:

call	within arms' reach	help
ten	backyard pools	covered
second	magnetic	silent
lifeguard	lifejacket	

**After you complete this exercise, give it to your parent to sign and then bring it to your next lesson.**



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**Children 8 years and over – Within arms' reach**