



# CONTACT

Community Services

Community Service Centre South Simcoe  
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For Immediate Release:

## New “Check-In & Chat” program for South Simcoe Seniors

CONTACT Community Services is launching a new program to support seniors living in South Simcoe who are feeling isolated due to the COVID-19 outbreak. Seniors can sign up for a “Check-in & Chat” once or twice a week and will be paired with a volunteer who will call them at a designated time to see how they are doing. The volunteers will also help navigate challenges seniors may be having due to social distancing measures, such as getting groceries or medications.

“We recognize that many seniors have lost the ability to socialize with neighbours, friends and family and that they may have questions and concerns about what is happening due to Covid-19. Our volunteers will be there to listen, answer questions as best as possible and help connect seniors to services they need. Our volunteers will also have tips for seniors to help deal with the isolation. I think one of the most important things we can offer is a friendly voice and the knowledge that someone is there to talk to,” says Emily McIntosh, Executive Director of CONTACT Community Services.

CONTACT is also looking for more volunteers to help with the program. Volunteers will go through screening, training, and will be provided support online and by phone.

The telephone calls are available to all seniors living in South Simcoe - Bradford West Gwillimbury, Innisfil, New Tecumseth, Adjala-Tosorontio, and Essa.

To sign-up for the “Seniors’ Check-in & Chat” program, or if you would like to volunteer for the program, please call Jaclyn, Resource and Information Specialist at CONTACT Community Services at 705 435 4900 ext. 215 and leave a message.

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### **About CONTACT Community Services:**

CONTACT Community Services is a registered charity with a 40-year history of taking a proactive approach to addressing changing social needs. Our services include: Housing Services, Employment Services, Seniors’ Programs, Volunteer Services and The Clothes Line, thrift store.

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**Everyone deserves a HOME, EMPLOYMENT and a FUTURE!**

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